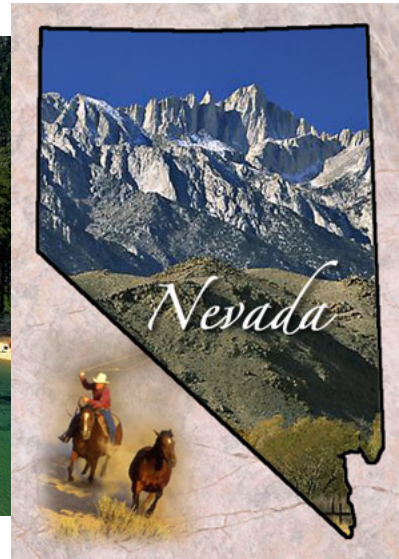




**nami**

National Alliance on Mental Illness

**Nevada**



**nami**

National Alliance on Mental Illness

**Education, Training &  
Peer Support Center**

# NAMI

## National Alliance on Mental Illness

- **Founded 1979 in Madison, Wisconsin**
- **NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental health conditions.**
- **1 in 5 American's are affected by Mental Health Conditions (NIMH Statistic)**

# Who Are We?

## NAMI National, NAMI State Organizations & NAMI Affiliates

**There are 50 NAMI State Organizations  
1,000+ NAMI Affiliates**

- We share the same mission, values and objectives with the NAMI national Bylaws to provide advocacy, support, education and public awareness so that all individuals and families affected by mental illness can build better lives.

# NAMI's Vision

*“NAMI envisions a world where all persons affected by mental illness experience resiliency, recovery and wellness”.*



# Our Collective Beliefs

- **Mental Illnesses are illnesses like any other**
- **Stigma is real and has terrible consequences**
- **Both the individual and the family are essential to the recovery process**
- **Studies show that education and support for families and people with mental illness make substantial differences in outcomes, recovery and resilience. NAMI programs transform lives.**
- **With appropriate treatment and services, people can and do recover from mental illness**



# NAMI NATIONAL

**NAMI  
Nevada**  
(3-Affiliates)

**NAMI  
Northern  
Nevada**

**NAMI  
Southern  
Nevada**

**NAMI Western  
Nevada & Rural  
Communities**

# Nevada Statistics

- Nevada ranks near the bottom of all states in Mental Health funding
- Of Nevada's approximately 2.6 million residents, close to 90,000 adults live with serious mental illness as do about 30,000 children
- Approximately 18.62 Nevadan's per 100,000 commit suicide each year
- Forty seven Nevada veterans per 100,000 commit suicide each year



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## **NAMI Signature Programs**

Provide peer education and support activities for individuals and family members

**All are FREE!**



# So Why Are NAMI Programs Important in Nevada?

- Mental health is a community health issue.
- NAMI programs dispel myths and reduce stigma around mental illness.
- NAMI programs give tools, skills and resources to people whose lives are affected by mental illness . . . to make their lives better.
- NAMI programs promote recovery and wellness.
- Lives are transformed – no longer alone.

# NAMI Programs in Nevada:

- **NAMI Family to Family**  
(English & Spanish)
- **NAMI Basics**  
(English & Spanish)
- **NAMI Peer to Peer**
- **NAMI Support Groups**
- **NAMI In Our Own Voice**
- **NAMI Homefront** (For Veteran's Families)
- **NAMI Smarts**



Support groups for people whose lives are affected by mental illness, where people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding

We offer 2 weekly support groups in **Las Vegas**, one for those with illness and one for family members and friends. They are both held every **Tuesday from 6:30-8:00 p.m.** at SNAMHS Campus, Building 2, 6161 W. Charleston Blvd.



# Questions?

**Just ask,  
we'll listen!**

**Ginger Paulsen - Executive Director  
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